

Forever Absorbent-D™ provides vitamin D, which contributes to the normal function of the immune system and the maintenance of normal bones, plus antioxidant vitamin E, in a convenient chewable tablet with a naturally sweet prickly pear fruit flavour.

**Use instructions:** Take one chewable tablet 2 times a day. Keep tightly closed in a cool dry place. Do not use if the seal is broken or missing.

**Warnings:** Do not exceed the recommended daily dose. Food supplements should not be used as a substitute for a varied and balanced diet and a healthy lifestyle. Keep out of reach of young children. Excessive consumption may cause laxative effects.

**Best before end:** see bottom of container.

FOREVER  
LIVING  PRODUCTS®

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**LFDAK672L J32v1**



FOREVER®

# FOREVER ABSORBENT-D™

WITH VITAMINS D & E



**60 CHEWABLE TABLETS**  
**NET WEIGHT: 38,7 g**

## Nutritional Values

Per recommended daily dosage: 2 Tablets

Daily doses per container: 30

	Quantity	% RI*
Vitamin E (α-TE)	24 mg	200%
Vitamin D	40 µg	800%

\* RI = Reference Intake

**Food supplement with sugar and sweetener.**

**Ingredients:** Sweetener (sorbitol), fructose, prickly pear (*Opuntia ficus-indica*) fruit juice powder (11%), vitamin E (d-alpha tocopheryl acetate), anticaking agents (stearic acid, magnesium salts of fatty acids, silicon dioxide), acidity regulator (citric acid), flavour (orange), vitamin D (cholecalciferol).

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